Presentation outline & agenda for “The Silence of Suicide”© - Michael Skinner, from the book “Our Encounters with Suicide” – PCCS Books  http://www.pccs-books.co.uk/

One hour presentation – reading, 20 minutes followed by Q & A, 30 - 40 minutes [longer if needed]

To raise awareness and create discussion concerning suicide:

1] The fears, misconceptions, stigma and discrimination associated with suicide

2] Dialog around the misunderstanding and the assigning of blame with suicide

3] Denial - Why can’t we talk about suicide?

4] Why can’t we share feelings of sadness, grief and loss?

5] Causality of suicide

6] Trauma, abuse and mental health challenges

7] How can we help those who are depressed and suicidal?

8] Hope, Healing and Help is available

9] Open discussion with participants - Questions and Answer

Note - I would prefer to perform the song that is contained within the reading - there is more power to the song when performed live as opposed to just reading the lyrics.

Michael Skinner
38 River Ledge Drive
Goffstown, NH 03045
603-625-2136  mikeskinner@comcast.net
www.mskinnermusic.com  www.survivingspirit.com